



CATALYST COVID-19 STRATEGY

This is an evolving health alert and protocols will be continually updated

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CELEBRATING HOPE, COURAGE & UNION

For some of us, today is **Good Friday** and celebration of **Easter** is just 2 days away. For all of us, it is **Spring**, which brings with it the incredible display that **beauty and new life is everywhere we look**. Easter and Spring are great reminders that we often must **pass through dark, cold or difficult times** to get to the **hope and joy** on the other side.

This **Care Alert** is **dedicated** to taking a moment out of the chaos that is COVID-19 and celebrating moments of **hope, courage** and **union**.

SHARE YOUR STORY

Our mission is to **help communities thrive**. We are working hard to provide you with the resources you need to help *your* communities. We have been amazed with the way you have all adapted during this time and hope that our team has been able to serve as a guide.

Thank you [Marla Conger, MD, FAAP of Kids First Pediatrics](#) and to [Stephen Buksh, MD of NETIMA](#) for your kind words!

We would love to hear from you. *Just a quick message from your phone would be great.* How are we doing? Let's share it with our community! If you would like to send a message to the Catalyst Team, please send a video to info@catalysthealthnetwork.com.

HELPING COMMUNITIES THRIVE

Despite so much uncertainty, and with all our lives upended, we wanted to provide some truly inspirational ways communities have come together to support each other.

*As is often true during times like these, **from chaos comes heroes.***

We've shared some of our favorite examples of those who have shown us what true heroism, selflessness and community looks like. We hope these stories will provide you all with a sense of optimism and faith that, by working together, we can overcome.

- Doctors and nurses on the frontlines of the coronavirus pandemic are putting **photos of themselves smiling** on their protective suits **to comfort COVID-19 patients**. Read more [HERE.](#)
- **Hospital staff cheer on fellow doctors** as they are discharged from care after COVID-19. Watch the video [HERE.](#)
- A group of **South Carolina moms donated over 600 meals** to hospital workers and those on the frontlines. Watch the video [HERE.](#)
- **Police officers celebrated a quarantined 8-year-old boy's birthday** with a parade and serenade. Watch the video [HERE.](#)
- Almost **30 healthcare workers flew from Atlanta to New York** to support the rising number of COVID-19 positive patients. View Southwest's message [HERE.](#)
- **KERA-TV** launched television programs and digital resources to **support at-home learning for students** throughout North Texas. Read more [HERE.](#)
- **New Yorkers** took to their windows, balconies and roofs to show their **support and give thanks to health care workers and first responders**. Watch the video [HERE.](#)
- Dallas Mavericks forward, Justin Jackson, **bought 100 meals from Smokey John's BBQ** to feed Parkland's medical staff. Read more [HERE.](#)
- **Dallas food leaders** are offering **virtual** tasting, cooking, and baking **classes**. Read more [HERE.](#)
- **Local Dallas small businesses** - such as Harkensback, Pink Pedi, Leather Sofa Company and Massoud Furniture - are joining big names, such as Neiman Marcus and Toyota, in **manufacturing medical masks and supplies**. Read more [HERE.](#)
- **Boy Scouts donate \$14K in popcorn** to Southeast Texas medical facility staff during COVID-19 pandemic. Watch the video [HERE.](#)
- Volunteers **foster nearly 400 pets throughout North Texas**. Read more about how residents are supporting local shelters [HERE.](#)
- MediBookr, 5miles, and around 25 individual families came together to **donate 3,500 masks** to Catalyst testing sites. Read more about their generosity [HERE.](#)
- Local Austin companies are pivoting to **provide much-needed tools for medical workers and at-risk citizens**. Read more [HERE.](#)
- **Dallas wedding dress designer** takes a break from making gowns to **produce masks for local hospitals**. Watch the video [HERE.](#)
- Houston **neighborhood throws parade for girl who returns home after cancer treatments**. Watch the video [HERE.](#)

- **Military veterans** celebrate the **#goodnewsmovement** by sharing videos of them dancing. Watch the video [HERE](#) to put a smile on your face.
- **Doctors at Scripps Mercy Hospital** in San Diego began wearing pictures of them smiling, to show nervous patients that there is **a compassionate human under all their PPE**. Read more [HERE](#) to see how the trend has spread to hospitals across the country.

CLINICAL CONSIDERATIONS

TREATMENT FOR COVID-19

The FDA [announces](#) a **Blood Purification device** that can be used to treat patients with COVID-19. Although this treatment option is only authorized for patients who are 18 years or older, positive for COVID-19 and admitted to the ICU with respiratory failure, this update **offers new HOPE!**

Remdesivir, Hydroxychloroquine, Chloroquine, and **several other drugs** remain under investigation as potential solutions. Find more information [here](#).

SLEEP APNEA AND COVID-19

The AASM states there is **no evidence to support linking sleep apnea to COVID-19** risk. Along with the recommendation to continue CPAP use, there are special considerations for patients using a CPAP if they develop symptoms of COVID-19 found [HERE](#) and include:

- Washing hands before and after handling CPAP equipment
- Clean CPAP equipment
- Change filters and accessories
- Avoid exposure to smoke
- Limit pet exposure to CPAP equipment
- Use distilled water in the humidifier

POTENTIAL VACCINE IN DEVELOPMENT

The University of Pittsburgh School of Medicine published a study in *EBioMedicine* showing their ability to **build on previous experience with SARS-CoV in 2003 and MERS-CoV in 2014**. The **potential vaccine** follows a more established approach, unlike other experimental mRNA vaccine candidates. More information can be found [here](#).

- Studies in mice have shown the vaccine produces sufficient SARS-CoV-2 antibodies to resist infection within 2 weeks
- Vaccine delivery would be through a microneedle array

CLINIC IMPACT

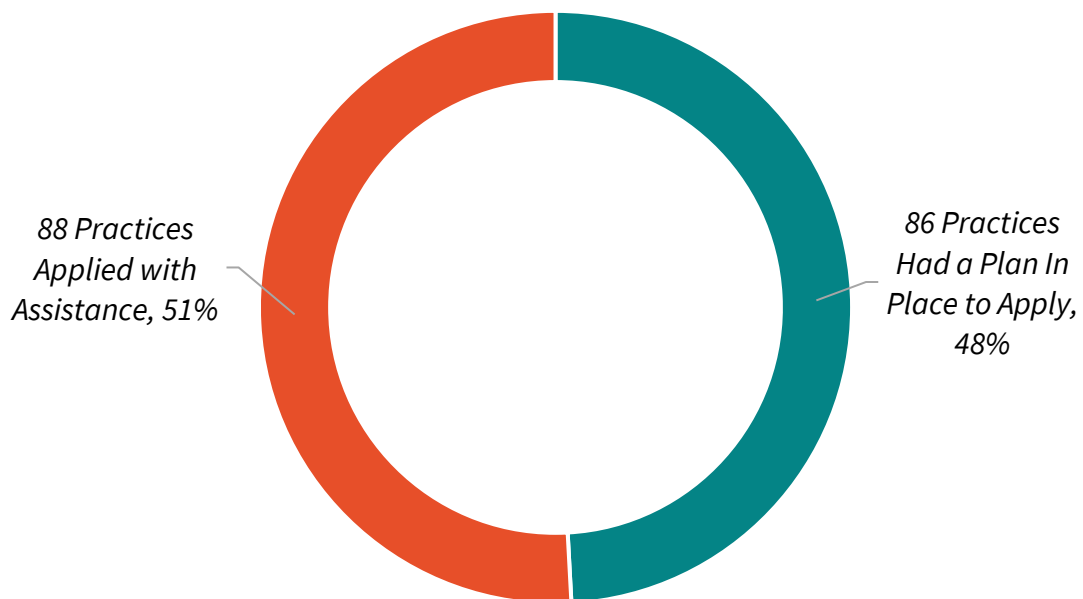
BUSINESS CONTINUITY PLANNING

Catalyst Health Network reached out to all of the networks **174 practices** in the past six days in a full court press to help with the **Paycheck Protection Program application process**.

View our FAQ's on SBA PPP Loan Forgiveness [HERE](#).

The results of the outreach are included below:

CHN Paycheck Protection Program Outreach Initiative



We will be reaching out to practices next week to follow-up and ensure practices have the support they need.

StratiFi Health, who provides financial management for physician led organizations, assisted in the completion of **18 applications representing a total relief of \$9.6M.**

As of Thursday afternoon, 5 (28%) applications were funded and the clients have received \$1.5M. An additional 3 (17%) applications received an approval, but not yet funded, for \$3M.

PAYER UPDATE

ALERT: IMPORTANT NOTICE!!!

*Due to recent payer updates, we can now recommend you use the **modifier 95 and POS 11** for telehealth visits with **ALL** your Catalyst Commercial payer contracts.*

NEW! Cigna has **updated** their [policy](#) to align with CMS. Cigna now recommends using the **modifier 95 and POS 11** for telehealth claims.

UHC [announces](#) they have implemented actions for **accelerated payments** and processing of claims and are **extending timely filing limits** for claims with a date of service on or after 1/1/2020 if submitted by 6/30/2020. UHC has also provided a [telehealth coding guide](#) with examples of different **telehealth** scenarios.

We are communicating with the payers daily to get the most up-to-date information surrounding Telehealth and COVID-19-related impacts. Reference this [Payer Grid](#) for updates. This grid, along with many other resources can be also be found on the [Catalyst Health Network Resource Website](#).

Next week we will begin providing a daily **Telehealth Coding Quick Reference Guide**.

*A special thank you to Catalyst Health Network member, **Dr. Kavita Vyas**, for the suggestion.*

TELEHEALTH CORNER

Yesterday's webinar focused on providing **value in this new virtual world** of healthcare. In a time when many things are uncertain, providing quality care for patients can remain in the forefront.

Watch **Webinar 12 - Digital Delivery: A New Approach to Healthcare** [HERE](#) and view the **slides** [HERE](#).

#Offense is in full effect at Catalyst Health Network!

TELEHEALTH PRACTICE SURVEY

We want to know more about your telehealth experience! Our brief survey will only take a few minutes of your time and will help us shape our resources to better support and advocate for you. You can complete the brief survey [HERE](#).

CATALYST CENTRALIZED TESTING SITES

Care Alert 20 on Monday, April 13th, will be a **Special Edition**, dedicated to compiling **all things related to COVID-19 testing**. We will include resources for the following topics:

- Testing criteria
- Testing options
- Testing procedures
- Patient testing instructions
- Post-testing care and home isolation instructions
- Quarantine recommendations
- Guidelines for discontinuing quarantine, return to work
- Re-testing guidance
- Patient testing instructions
- One place all the info we have given in the last several weeks.

Cumulative CHN COVID-19 Testing Report		
Testing Sites	Tests Performed	Positive Test Results
Questcare*	529	31
MaxHealth	723	62
Village Health Partners*	241	68

*Multiple locations
Data as of 4/10/2020

NEED TO KNOW

CATALYST HEALTH NETWORK IN THE NEWS

The hard work and dedication of Catalyst Health Network is not going unnoticed! Read about all the ways **Catalyst PCPs are showing up to help our communities thrive** in the [Catalyst Health Network News Room](#).

NEW! Catalyst Health Network was featured in the **LA Times** this morning. Dr. Crow spoke to Noam Levey about the **changing medical care landscape** during coronavirus, and the need for **health plans to provide immediate relief**. Read more [HERE](#).

CATALYST WELLNESS SERIES

NEW WORKOUT VIDEO! Tune in for the health and wellness series led by Sean Terwilliger by following [Catalyst Health & Wellness Videos](#). These videos can be shared with your staff or patients. Please share other ideas about ways we can help our communities thrive during the COVID-19 Pandemic.

PRIMARY CARE RESPONSE AND CAPACITY SURVEY

The Larry A. Green Center, in partnership with the Primary Care Collaborative, Catalyst Health Network and the TAFP, are conducting a quick clinician survey to better understand response and capacity of US primary care practices to COVID-19. The survey takes 3 minutes to complete.

Responses required by **Monday, April 13, 11:59 PM PST** and is refreshed and repeated every Friday.

Click [HERE](#) to take the survey.

ZOOM CORNER

We currently host Webinars weekly – **every Tuesday and Thursday!** To increase the security and functionality of them, we are introducing **NEW connection details** below!

Tuesday, April 14th, from 12pm – 1pm:

- **COVID-19 Webinar #13 – Finance Deep Dive: SBA PPP Loan Forgiveness & Group Virtual Visits**
 - *Maximize SBA PPP Loan Forgiveness*
 - *Group Virtual Visit Coding*

Topic: Finance Deep Dive: Maximize SBA PPP Loan Forgiveness & Group Virtual Visits

Time: Apr 14, 2020 12:00 PM CST

Join Zoom Meeting

<https://stratifi.zoom.us/j/301001158?pwd=TlRYWkVwdXNmbW9DcXdwbUtib21LUT09>

Meeting ID: 301 001 158

Password: 52880206

One tap mobile

+13462487799,,301001158#,,#52880206# US (Houston)

+16699006833,,301001158#,,#52880206# US (San Jose)

Here are some resources to help you navigate Zoom Meetings:

How to Join a Zoom Meeting: [Joining a Meeting](#)

(Follow the [blue link](#) to access easy Step-by-step instruction guides & video on how to Join a Zoom Meeting from every scenario)

Zoom Help Center: <https://support.zoom.us/hc/en-us>

(Contains how-to guides and information on all things Zoom)

(Almost) Pro-Tip: “[Join a Test Meeting](#)” to ensure your computer or smartphone can support Joining a Zoom Meeting—if you can master joining a meeting, you’ve got this!