

COMMUNITY RESOURCES DURING COVID-19

Updated 04/02/2020

EAST TEXAS

Small Business Association https://www.sba.gov/ Guidance and Loan Resources for small business owners across America.

Meals on Wheels: https://www.mealsonwheelsamerica.org/ Serving those in need of food assistance across all of America.

Those seeking a job www.WorkInTexas.com

East Texas Food Bank: http://www.easttexasfoodbank.org/ Serving those in need of food assistance in East Texas. Use this resource to find a food pantry near you.

United Way COVID 19 Community Economic Relief Fund 1-(866)-211-9966 Help with bills, rent and food. Call & provide you zip code and they will give a list of local agencies to provide assistance.

Community Service Inc. http://www.csicorsicana.org/ Serving those Henderson County, TX with a variety of financial and food assistance resources

Henderson County Help Center: (903)-675-4357 Call for emergency financial assistance and referrals.

Disciples Clinic 604 York Street, Athens, TX 75751

Phone: 903-677-3604 Serving the very low income and uninsured. Offers preventive health care, out-patient treatment for illness and injuries, medications, and diagnostic service. Stop by

Love INC www.loveincnac.org

Phone: (936) 569-8555 Serving those in Nacogdoches and will help hourly employees who see work time reduced or eliminated because of the ongoing reaction COVID-19

Family Crisis Center of East Texas www.familycrisiscenterofeasttexas.com

Phone: 1-800-828-7233 Or text 936-522-9256 Offers a wide array of services to assist victims of domestic violence, providing empowermentbased advocacy to survivors. Offers a 24-Hour Crisis Hotline and emergency shelter programs.

NTBHA COVID-19 Mental Health Support line (833)-251-7544

It is normal to feel stress, anxiety, grief, and worry during times of public crisis. North Texas Behavioral Health Authority (NTBHA) has developed a dedicated COVID-19 mental health support line available to our system of care to provide trauma informed support and psychological first aid to those experiencing stress and anxiety during this time of crisis. Individuals who contact the COVID-19 support line needing a higher level of care will be transferred directly to our traditional 24/7 NTBHA crisis line at, 866-260-8000.

National Domestic Violence Hotline 1-800-799-7233(SAFE)

Website: www.TxAbuseHotline.org

For any victims and survivors who need support, the National Domestic Violence Hotline is available 24/7, every day at 1-800-799-7233(SAFE). If you're unable to speak safely, you can log onto thehotline.org or text LOVEIS to 22522. The Texas Abuse Hotline can be reached at 1-800-252-5400, toll-free 24 hours a day, 7 days a week, nationwide, or online at www.TxAbuseHotline.org.

Virtual AA & NA Zoom Meetings

Participants can go to zoom.us, click "Join a meeting" in the top right, and then enter the appropriate number into the blank field.

AA Meetings

Women's Meetings: Daily at 7am and 6pm (Zoom #: 081891843) Regular Meetings: Daily at 7:30pm (Zoom #: 6576039974)

NA Meetings

Sunday Solutions: Daily 6pm (Zoom #: 6163917842 RAW Group: Daily 2pm (Zoom #: 511714487)

Low Cost Wi-Fi Options

AT&T: All data caps lifted for home internet customers. AT&T is also offering free packages for the next 1-2 months. Visit their website <u>HERE.</u>

Comcast: New Comcast Internet Essentials customers will receive two free months of Internet service, which is available to all qualified low-income households (it is normally \$9.95/month plus tax). Apply by April 30, 2020. All data caps lifted for home internet customers. Visit their website <u>HERE.</u> Apply by Phone: 1-855-8-INTERNET (1-855-846-8376)

Spectrum (Charter Communications): Charter will offer free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription and at any service level up to 100 Mbps. Installation fees will be waived for new student households. All data caps lifted for home internet customers. Visit their website <u>HERE</u>. Apply by Phone: 1-844-488-8395

SuddenLink (Altice): For households with K-12 and/or college students who may be displaced due to school closures and who do not currently have home internet access, SuddenLink is offering the Altice Advantage 30 Mbps broadband solution for free for 60 days to any new customer household. Apply by Phone: **1-888-633-0030**

East Texas Food Resources

Manna Food Bank - (903) 567-6107

17897 FM1255, Canton, TX 75103 Open Monday, Wednesday, and Friday from 9-2:30 closed for lunch 11:30-12:30. 1-2 people allowed in the building at a time

Terrell Share Center - (972) 551-1729

103 Jones Street, Terrell, TX 75160 2 weeks of food will be offered in a drive-thru style under the pavilion, please show your ID Wednesdays from 8:00-11:30 for the elderly and disabled Thursdays from 8:00-3:30 closed for lunch 11:30-12:30 for the general public

Church of the Nazarene - (903) 886-1515

301 TX- 224, Commerce, TX 75248 Blessing boxes and food pantry open through the end of the month Additional items will be handed out in in a drive-thru style as of 4/3/2020

Operation Blessing - (817) 645-0020

105 George St., Cleburne, TX Food bank via drive thru Monday, Wednesday, Thursday 10am-2pm, must arrive by 1:30 Medication assistance is on Tuesdays from 10-11:30 and is provided to patients with or without insurance

1st Baptist Church Gun Barrel City

522 W Main Street, Gun Barrel City, TX Drive thru food bank Wednesdays from 10am-12 noon