



GUIDANCE FOR TESTING: NEXT STEPS

Updated May 29th, 2020

STAY HOME UNTIL YOUR LAB TEST APPOINTMENT

- **Look for our email** containing your lab test **appointment location and time details!**
- Separate yourself from other people and animals in your home
 - Use a separate bathroom, if available
 - Wear a mask when you are around other people. This includes:
 - *Sharing a room*
 - *Sharing a vehicle*
 - *Around your pets*
- Do not go to work, school, or public areas
- Avoid using public transportation, ridesharing, or taxis

LAB TEST APPOINTMENT... STAY IN YOUR CAR FOR TESTING

There are multiple types of testing available. None of them require special preparation but we want you to know what to expect!

- **COVID-19 Diagnostic Testing Swab (“PCR” Testing)**
 - Nasal or throat swab
 - **May be self-administered** under instruction and supervision by medical staff
- **Antibody Blood Testing**
 - Blood draw required
 - If you have a preferred arm for blood draw, try to sit on that side of the car
 - No fasting required
 - Stay well hydrated
 - You will be asked to remain parked in your car for at least 5 minutes after the blood draw to monitor for any lightheadedness

RESULTS

- **Your results** will be communicated to you **by your referring PCP**
- **STAY at home and separated** from others to limit the potential spread of illness until you have received your results

Average Result Time	
PCR Swab	5 – 6 days
Antibody blood test	3 days

NOTE: Due to lab processing time, results will arrive within the longer timeframe if more than one type of test ordered.

Remember, the **great majority** of patients who become infected with COVID-19 experience symptoms similar to the common cold or the flu and are able to manage their symptoms at home. To **treat your symptoms**, it is recommended you use the **same medications you would use to treat symptoms of a cold or flu** and follow any other instructions your healthcare provider has given you.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

FREQUENTLY ASKED QUESTIONS

Question: What should I do if I do not receive my appointment details?

Answer: If after 2 hours you have not received an email or phone call with your appointment details, **call the Coronavirus patient hotline at (214)964-0319** to follow up.

Question: Which testing site will I be scheduled with?

Answer: We have **multiple testing sites across North Texas**. We will make every effort to schedule you at the nearest Catalyst testing site to you.

Question: Will I have to pay out of pocket at the testing site?

Answer: No. To limit exposure, our **testing site staff does not collect payments** at the time of service. All aspects of billing will be handled at a later date.

Question: What should I do if I have missed or am late for my appointment?

Answer: Missed or late arrival will result in forfeiting your appointment. It is important to us that you get the testing that your PCP has recommended! **Call (214) 964-0319** to let our team know that you have missed or are late to your appointment so we can place you back in queue to be rescheduled according to testing site availability.